

THOMAS JEFFERSON TRACK AND FIELD 2009-10 WINTER TRACK SCHEDULE

DATE	MEET	PLACE	TIME
FRI 12/4	TJ, MT VERNON, HAYFIELD	TJ REC CENTER ARLINGTON, VA	5:30PM – 10PM
SAT 12/12	TJ, FAIRFAX, T.C. WILLIAMS	EPISCOPAL HS	7:15AM – 12:30PM
SAT 12/19	HOLIDAY INVITE	P.G. SPORTS COMPLEX LANDOVER, MD	TBA
WED 12/29	FRIENDS OF INDOOR TRACK INVITE	P.G. SPORTS COMPLEX LANDOVER, MD	TBA
SAT 1/9	MONTGOMERY COUNTY INVITE	P.G. SPORTS COMPLEX LANDOVER, MD	TBA
FRI 1/15	TJ, YORKTOWN, MARSHALL	TJ REC CENTER ARLINGTON, VA	5:30PM – 10PM
FRI 1/15 SAT 1/16	U.N.C. INVITE	CHAPEL HILL, NC	TBA
SAT 1/23	TJ, CHANTILLY, MARSHALL	EPISCOPAL HS	7:15AM – 12:30PM
	CHAMPIONSHIP SEASON		
FRI 1/29 THUR 2/4	LIBERTY DISTRICT CHAMPIONSHIPS	P.G. SPORTS COMPLEX LANDOVER, MD	TBA
SAT 2/20	NORTHERN REGION CHAMPIONSHIPS	GEORGE MASON UNIVERSITY	TBA
FRI 2/26 SAT 2/27	STATE CHAMPIONSHIPS	NEWPORT NEWS, VA	
3/12 – 3/14	NATIONAL CHAMPIONSHIPS	NEW YOR, NEW YORK	TBA